



NOVEMBER 14–NOVEMBER 21, 2009

TRURO FAMILY NEWS

Thanksgiving Day Eucharist

Thursday, November 26th, 2009 at 10:30 am

Dedicatory Concert For Our New Organ & Console

Last Friday evening, Nov. 6, guest organist Dan Miller presented a memorable recital, dedicating our new Rodgers organ and console. An appreciative audience heard all the traditional pipe sounds of the instrument, along with ethereal sounds from the additional use of a "midi module." An offering of \$1428 was received to benefit Truro's Worship & Arts Program. With previous gifts received this summer and fall, as well as the pledges to be received over the following months, we have met our financial goal of full payment for the

organ. To all who have given so generously towards this project, our heartfelt thanks and gratitude! The following Prayer of Dedication was offered by Coleman Tyler and Jim Wilkinson during the program...

Eternal God, before whose throne trumpets sound, and saints and angels sing their songs of praise to the Lamb, we join our praises with the songs of heavenly choirs, and the music of the universe. Accept this organ and console for the worship of your sanctuary, that through

the gift of music we may proclaim Your praise and tell it abroad. May this organ encourage our worship and inspire our singing. May the music it produces bring our prayers to You in times of joy and times of sorrow. We thank You for the generosity of Your people who have given of their resources to make this instrument a reality; and now with hearts of gratitude we dedicate this organ to Your honor and glory. In the name of the Father, Son, and Holy Spirit we pray. Amen.

ABRAHAM'S CHILDREN: Living Out The Good News With Muslims And Jews

The Advent Teaching Conference: Please fill out the registration form included in your Worship Guide and place it in the donation plate during the offering or by PHONE to 703.273.1300 ext. 515 (Anna Hornbuckle)

Fri. November 20, 2009, 6:30–9:00 pm

Worship, Fellowship & Teaching

Sat. November 21, 2009, 8:30 am–4:00 pm

Worship, Fellowship & Teaching

TIPS Thanksgiving Potluck Dinner 6:00 pm

Sunday, November 22, 2009

Kevin Higgins & David Pileggi, Preachers

Join us for an exploration of friendship evangelism with our Jewish and Muslim neighbors, led by The Rt. Rev. Kevin Higgins, Executive Director of Global Teams and The Rev. David Pileggi, Rector of Christ Church Jerusalem.

Do You Need Childcare: A program will be offered for older toddlers through age 11. Please RSVP via phone or with the registration form in your Worship Guide today.

Please support our youth team going to Jerusalem by purchasing a lunch (\$7.50 ea)? Lunch Includes: chili, corn bread, salad, crackers, dessert, and a beverage. Please fill out the registration form in your Worship Guide and indicate that you would to purchase lunch, so that our youth can plan lunch accordingly.



Healing Prayer Service

New Time, New Place

Please join us for a healing prayer service on November 15, 4 pm in the chapel.

Stewardship Update

We have received 307 pledges for \$2,401,948. This is 52 fewer pledges and \$192,524 less than last year.

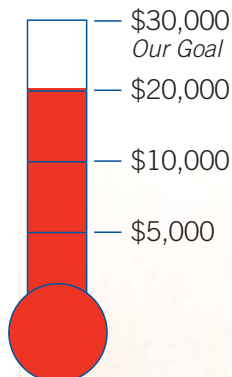
Stewardship Reminder

Please turn in your pledge card.

Christ is our link to God's inexhaustible riches.

Journey To Jerusalem Opportunities

Thanksgiving Pies!



Support the Journey to Jerusalem by purchasing Thanksgiving Pies.

Order your pies by November 15th for delivery on November 22nd, just in time for THANKSGIVING!

Many varieties available. Pies are \$16 each. Visit our booth out front or contact Helen Findlay at evervol@aol.com to order.

Are You Planning On Going To The Advent Teaching Conference?

Journey to Jerusalem students will be selling boxed lunches. Please consider buying a boxed lunch while attending the conference. The lunches are \$7.50 per person. You may order in advance.

Greeters And Newcomer Reception Hosts Needed For The Welcome Ministry

We are seeking men and women who desire to work for the Gospel and advance the vision of Truro Church by joyfully, warmly and personally welcoming visitors and newcomers. We do this through greeting people before our services, and arranging events such as our Newcomers Series class and Receptions to allow newcomers to learn more about Truro church. During this time we also help to foster new relationships, and assist newcomers in Getting Connected. The objective of each greeter or host is to make every visitor and newcomer feel valuable and welcomed and to greet each person as the face of Christ.

Currently we need folks who would serve Sundays from 8:00–8:40 am as greeters in front of the church for the 8:30 am service. The Welcome Ministry also needs some friendly faces with a Godly heart to serve during the Sunday 10:00 am Discipleship Hour. It is during this time that the Newcomers Series class takes place. Some responsibilities would include: food and room set-up/clean-up, providing a welcoming environment, helping those registered in the class sign-in, and assisting people to the Education Building if they need child-care for their children. Please pray about joining the Welcome Ministry. We would love to have you. Training would be provided for both greeters and hosts.

For more information or to inquire about becoming part of this ministry please contact Grace Belizario at 703.273.1300 ext. 127 or e-mail gbelizario@trurochurch.org.

Rectors Forum

Every weekend during the 10 am Discipleship Hour. The Rector's Forum will focus this week on the conclusion of the sermon series *Prophets: A Heart for God*. Tory Baucum will discuss how the parish vision and stewardship campaign is designed to help all of us develop such a heart. Q & A will follow. All are encouraged to come!

The Reading Group

The Screwtape Letters by C.S. Lewis will be discussed by Reading Group Wednesday noon, November 18, in Common Grounds. All are welcome. Please bring a sandwich. Questions? Call Joan Meyer, 703.591.8617.

Anglicans for Life

Anglicans for Life at Truro will meet on Wednesday, November 18, at 3 pm in the Conference Room. All are welcome; please join us. For questions, contact Kirsten Ball at duramater@verizon.net.

NOVACO

NOVACO is seeking volunteers to work with our families—we provide mentoring training. Please contact volunteer@novaco.org to find out more. NOVACO is seeking Board of Directors nominees for 2010. Please visit our website at www.novaco.org for more info, or e-mail questions to vneeley@novaco.org

Attention Singles at Truro

Mrs. Angela Minns would like to host a Christmas Dinner on December 16 for the Single Folks of CANA and ADV. If you would like to attend please contact Penny Rauh at rosierauh@aol.com.

Turkeys Needed

TIPS needs several cooked 16–20 lb. turkeys for November 21 Potluck Thanksgiving Dinner. Contact Karen Kirk, kkirk@trurochurch.org or 703.273.1300 ext. 510 for details.

Truro Preschool & Kindergarten Holds Month Community Nights Throughout The School Year

The hosting restaurant gives TPK between 5% & 10% of the evening's proceeds; food receipts need to be placed in the designated box. Tuesday December 1st TPK will be at Five Guys on Fairfax Blvd, in Fairfax City, from 5 pm to 8 pm. We would appreciate your support!

International Nativity Sets Needed

Do you have an international Nativity set that you would be willing to have on display for our Global Christmas Celebration? It will be on Friday, December 11, 6:30–9 pm. Please contact Alice Hunt at 703.273.1300, ext 312 for more information and/or to sign up!

Note of Thanks

Patti Brown wishes to express her gratitude for your love, prayers, and presence at her ordination as a Vocational Deacon a week ago Saturday, November 7th. "You all are very special to me!" —Patti Brown

Newcomers Luncheon

Whether you are brand new to Truro or are in the process of exploring further involvement, Tory & Elizabeth Baucum invite you to a Newcomers Luncheon in your honor, where we can get to know each other, share a meal and our stories in an informal atmosphere.

When:

Sunday, November 22, 1–3 pm

Where:

Undercroft

RSVP:

Marlene Jones, mjones@trurochurch.org,
703.273.1300 ext 305

For Childcare:

Alice Hunt, ahunt@trurochurch.org,
703.273.1300 ext 312

We hope you can come!

Adopt-A-Family

*A Holiday Opportunity
For Individuals, Families,
And Home Groups*

The approaching holiday season presents a wonderful opportunity to participate in practical hospitality. You as an individual, family, or home group can adopt a family to give them the gift of a blessed and abundant Thanksgiving and/or Christmas holiday.

Fairfax FISH, through the gracious effort of Our Daily Bread working with Fairfax County, coordinates a program to match individuals and families in need of holiday assistance with donors. The intent is to provide these individuals and families with a holiday meal that they can prepare themselves. At Christmas a few small gifts or toys may be added. Now is the time! Please call John Hopson at 703.385.7099 for more information.

Sailing Through the Holiday Season

by Tim Teague

Okay, "sailing" may be a bit overly optimistic when it comes to facing holiday stress; perhaps "surviving" is more realistic for us. At this time of year, many people take their already overly stressed lives and add more stress on top with shopping, cooking, parties, visiting relatives, spending, debt, weight gain, and more parties.

Did you notice that I mentioned parties twice? Yes, even the social, fun events add stress to our lives. Have you ever wondered how much less stressful the holidays would be if we did not exchange gifts, and if we attended no parties? Since those are not options for most adults and certainly not children, we must look at other means for surviving the stress that comes with the holidays.

"Holiday blues" and feelings of tension or loneliness, poor sleeping, or associated excessive eating or drinking are commonly experienced through the Thanksgiving and Christmas season. Stressful feelings often center around loneliness, unresolved family issues, or anniversaries of past unhappy events. Additional time and financial demands also contribute.

Stress is the nonspecific response of the body to any demand. Good stresses are things such as a promotion or a marriage; they help people grow and achieve life's goals. Bad stresses are more negatively perceived and result in feelings of distress. One of the common stressors is too much to do and too little time. The body may respond to stress with measurable increased blood pressure and heart rate. Mentally, stress may result in feelings of anxiety, depression, and withdrawal. People may sleep poorly, lose concentration, and feel worn out or chronically tired. Common symptoms associated with stress are headaches, muscle tension, and back pain.

So how can you feel better through this holiday season?

Spiritually, you can purpose to practice the discipline of solitude to gather your thoughts

and prioritize your days and weeks ahead. Purpose to live one day at a time and not over-schedule your life. As you pray and read the Scriptures, continually seek not what is good but what is best for your life and the life of your family.

Physically, eat correctly—balanced meals without over-indulgence. Exercise regularly to reduce stress and feel better as you lower your blood pressure, heart rate, and cholesterol levels. Sleep an adequate amount, which means at least seven hours per night for most people. And speaking of seven, you can remember to make one day per week be more restful and restorative to your body as you observe a Sabbath rest.

Mentally, only you can choose to manage your time in such a way that you are not in a continual state of feeling overwhelmed. If life feels like it is too much to manage, then seek help to establish priorities and realistic goals. Many of us tend to find self-worth in busyness and leave little time to be still and reflect on the glory of God.

Relationally, make time for your family and friends to talk with and enjoy them. Plan as a family what everyone wants to do to make the season special. Listen closely as well as asking for what you need from your loved ones. Perhaps it is time to leave the hurts of the past behind and focus on the present to discover what you can have in a relationship. Forgiveness is an incredible gift to another. Fix your mind on the things that are good and praiseworthy and avoid getting stuck on the negatives. Look for the humorous parts of the holiday chaos.

The holiday season is stressful, as is life, but we can choose to manage life or we can allow it to overwhelm us. By God's grace, may we be lights to others in the stores and on the highways, and even to our families, especially through the Christmas season as we live it well.

sun
15

07:30 am, Worship
08:30 am, Worship
10:00 am, Worship (en español)
10:00 am, Rector's Forum
10:00 am, Youth Small Groups
10:00 am, Newcomers Class
11:15 am, Worship
01:00 pm, Love the World Fellowship
04:00 pm, Healing Prayer Service
05:00 pm, Alive @ 5
06:00 pm, Alpha
06:00 pm, Youth Group

mon
16

06:30 am, Men's Group
04:00 pm, Handbell Rehearsal
07:00 pm, AA Meeting
07:30 pm, Prison AfterCare Meeting

tue
17

09:30 am, Women's Bible Study
11:30 am, Military Prayer
04:30 pm, Dance
06:45 pm, Young Adults
07:00 pm, MOPS
07:30 pm, Boy Scouts
07:30 pm, Finance

wed
18

06:30 am, Men's Bible Study, (Truro)
11:00 am, Holy Eucharist, Chapel
04:30 pm, Ministry Training and Dinner
04:30 pm, Bells & Children's Choir
06:00 pm, Faith Track Class
06:30 pm, Student Ministry Training
07:30 pm, Discipleship Group

thur
19

06:30 am, Men's Fraternity—Video Series
09:30 am, Women's Bible Study
10:00 am, DOK Bible Study
07:15 pm, Choir Rehearsal
07:30 pm, Daughters of the King

fri
20

10:00 am, Old Testament Class
12:00 pm, Seniors Lunch and Fellowship
06:30 pm, Advent Teaching Conference

sat
21

07:30 am, Men's Fellowship
08:30 am, Advent Teaching Conference
05:00 pm, New Beginnings
05:00 pm, Spanish Alpha
06:00 pm, TIPS Thanksgiving Dinner

sun
22

07:30 am, Worship
08:30 am, Worship
10:00 am, Worship (en español)
10:00 am, Rector's Forum
10:00 am, Youth Small Groups
10:00 am, Newcomers Class
11:15 am, Worship
01:00 pm, Newcomers Luncheon
05:00 pm, Alive @ 5
06:00 pm, Alpha
06:00 pm, Youth Group

read ahead

November 22

Heart for Jews, Muslims, and Others
Amos 9:11–15

when you visit

Fill out a Welcome Card—These are found in the pew racks in the Church and Chapel. After you fill one out, please put it in the offering plate as it goes by, or give it to an usher on your way out. Filling out the card will allow us to send you more information about Truro.

what about children, teens, young adults, and families?

Our KidZone Team wears green shirts and will help find the right place for your child.

Nursery: Nursery available on Sundays during 8:30 & 11:15 am worship for ages 3 and younger.

Nursing/Cry Room: For nursing moms and upset infants/toddlers, located in the “Fellowship Room” off the Undercroft beneath the sanctuary.

Pre-K to Grade 6: WEE Worship for 3 year olds—Kindergarten AND WOW Worship for 1st–6th grade is during both 8:30 & 11:15 services. Small Groups are during the 10 am Discipleship Hour.

Teens: Small Groups meet at 10am. There is no Youth Group this week because of the Fall Retreat. Wednesday night Student Ministry Team 6:00 pm dinner, 6:30–8 training, located in the Undercroft.

Young Adults: We meet Tuesday nights for dinner and fellowship from 6:45–9 pm (Gunnell House Parlor). Anyone and everyone from late teens to mid thirties is welcome to join! Contact: Family Ministry at 703.273.1300.

needs & blessings

BLESSING: For donation—two new wrought iron, antique style twin beds AND two brand new porcelain Kohler pedestal bathroom sinks. All items are free and available for pick-up in Vienna, Virginia. Please call Connie Shannon at 703.281.0744.

NEED: Seeking wonderful renters for a townhome in the Sudley Square development of Manassas Virginia. Sudley Square is located close to Splash Down Waterpark at Ben Lomond Regional Park. Please call Mimi Plumley at 703.536.8213 for more details.

BLESSING: 2009 WHITE HOUSE ORNAMENTS—“Journey to Jerusalem student selling WH ornaments. \$26 each. Gift-boxed. Perfect gift for collectors or those away from home. Available immediately. Please see Stephanie Findlay, Amanda Tincher, or Helen Findlay or call 703.378.7535 and leave your name, phone number, and the quantity you wish to purchase. Thank you for your support.

NEED: Seeking an a non-smoking Christian to share a Fairfax apartment in a great neighborhood. The apartment is located close to Best Western Fairfax off of Chainbridge Rd. All utilities are included with rent except phone and cable. Please contact Victor Pappoe at 571.426.2573 on Tuesdays, and Thursdays–Sundays.

LOOKING FOR HELP OR A JOB? If you are an employer or know of positions in your company, please check out the resumes on Truro's web site. Contact information can be obtained through Tim Teague, 703.273.1300, ext 420. If you would like to post your resume on Truro's website, please contact Truro Communications at communications@trurochurch.org, or ext 127.

truro family news submissions

The *Truro Family News* is published weekly by Truro Church. Submissions are due two Mondays (10 business days) prior to the requested weekend to be featured. Submissions are subject to editorial review. Preference is given to Truro members and not-for-profit organizations affiliated with Truro. Truro Church does not necessarily screen, recommend, or endorse any advertisements. E-mail submissions to communications@trurochurch.org. *Needs & Blessings Requests:* Truro member requests will be published for 1–2 weeks max. All submitted requests must include the member's first and last name, along with an e-mail address and/or daytime phone number and 35 words max. Incomplete information may result in the delay of your submission being featured. Questions? Pls. contact communications@trurochurch.org, ext. 127, or www.trurochurch.org/TFN.

Truro Church

10520 Main Street, Fairfax, VA 22030

Rector: Tory Baucum

Associate Rector: Marshall Brown, Coleman Tyler,

Hispanic Pastor: Carlos Pellot

Adjunct Clergy: John Reishus, Allan Falconer, Tim Howe, and Derek Rust

Parish Office: 703.273.1300

Clergy Emergency: ext. 370, or 571.529.0151

Parish Fax: 703.591.0737

Lamb Center: 703.691.3178

Preschool: 703.691.1006

TIPS: ext. 530

E-mail: truro@trurochurch.org

Vestry: vestry@trurochurch.org

Website: TruroChurch.org

